



Webinar: You Matter - Taking Care of Yourself During the Pandemic

OVMA will host a webinar featuring Dr. Colleen Best on Thursday, **April 9 at noon called You Matter -Taking Care of Yourself During the Pandemic.** The webinar is brought to you by Hills Pet Nutrition.

Whether you're working in clinic or isolated at home, the uncertainty and stress can be overwhelming. In this 45-minute webinar, Dr. Best will provide practical strategies and tools for taking care of yourself and coping with the uncertainty of the pandemic. She'll share how to:

- Explore and practice techniques that help reduce worry and anxiety by focusing on the present.
- Address the value and importance of social connection and discuss tools that can support it in the current environment.
- Use gratitude to change your perspective, as well as to foster a sense of hope and safety.

Dr. Best, PhD, DVM, is a consultant and educator focused on non-technical competencies, including veterinarian-client communication, veterinary team performance, wellness and resilience. She's a certified compassion fatigue professional and is also trained in mental health first aid and suicide intervention.

For those who can't attend, the webinar will be recorded and made available to OVMA members.

[Join the webinar.](#) (Password: 067442)

Join by iPhone one-tap:

Canada: +16475580588 (949848862#) or +17789072071 (949848862#)

Join by telephone (for higher quality, dial a number based on your current location):

Canada: +1.647.558.0588 or +1.778.907.2071 or +1.438.809.7799 or +1.587.328.1099 or +1.647.374.4685

Webinar ID: 949 848 862



Transforming Lives

Resources for bovine practitioners

The Ontario Animal Health Network (OAHN) has developed resources for cattle veterinarians during the COVID-19 outbreak. To access the resources, visit the OAHN homepage or [click here](#).

Canadian Food Inspection Agency extension deadlines

In light of the current circumstances related to COVID-19, considerations were given to the activities performed by accredited veterinarians under the herd/flock certification or compartment programs, as follows:

Chronic Wasting Disease Herd Certification Program

Deadline dates for herd inventory and annual report submission (i.e. three months after the anniversary date) that fall between March 1 and June 30 will be extended until July 31, 2020. No change will be made to the herd anniversary/annual report due date in subsequent years.

Scrapie Flock Certification Program

The date of the flock/herd inventory and the annual report submission deadlines that fall in the first quarter (i.e. between January 1 and March 31) will be granted until July 31, 2020. There will be no change to the anniversary quarter in subsequent years.

Canada Health Accredited Herd Program (Enzootic Bovine Leucosis)

For herds in which their herd inventory and annual tests are required between March 1 and June 30, the deadline for completion of these activities is extended until the end of July 2020. The herd can either keep their original inventory/test date or it can be 12 months from the date when they do accomplish these activities in 2020.

The OVMA Insurance Program office is moving

BrokerLink, administrator of the OVMA Insurance Program (OIP) will be consolidating their Woodbridge branches. Effective Monday, April 6, its new address will be:

100 - 10 Director Court
Woodbridge, Ontario L4L 7E8
Toll-free 1.888.681.2862 remains the same!

While BrokerLink is not accepting walk-ins due to COVID-19, it remains open for business. If you have questions or require a quote, call OIP at 1.888.681.2862.



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